

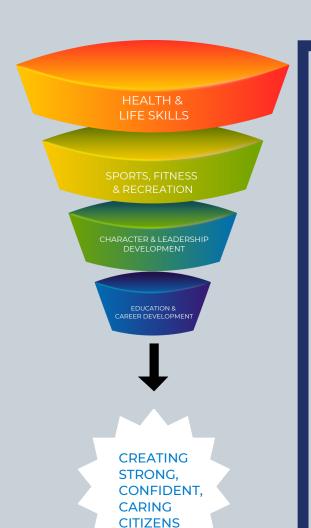




YOUR INVESTMENT IN THE FUTURE



ABOUT THE CLUB



For over 70 years, the Ludlow Boys & Girls Club has provided life-enhancing out-of-school-time programs and activities focused on four core program areas to over 60% of Ludlow's school-aged youth:

Programs are designed to drive positive outcomes for youth and reinforce critical life skills, in a safe, nurturing environment by well-trained and professional staff at a facility **built by the community for the community**.

The Club has a unique public/private model and prides itself on also operating as a community center that serves adults too.

With over 60 youth development, fitness, and aquatics programs, in addition to a series of community events throughout the year, the Ludlow Community Center/Randall Boys & Girls Club is truly a place that offers **something for everyone.**

President's Message

Covid-19 was a shock to all of us. Nothing could have prepared us for the extent of the ramifications of 2+ years of isolating, quarantining, testing, worrying, and seeing our relationships with our peers and the community shift into something unfamiliar. The Club had to close for four months in 2020, putting a burden on families who relied on the Club for childcare. When we were finally able to reopen, in August of 2020, we used the opportunity to shift into thinking about a "new normal," where we could focus on the changing needs of our youth, adults, and families as a whole. We are grateful to YOU, our community partners, for your patience, support, volunteerism, and insight, as we proudly continue to serve the greater Ludlow Community. This report highlights our priorities and impact as we codify a new strategic plan, enhancing our efforts to create opportunities and GREAT FUTURES for all who walk through our blue doors.



President/CEO Chile Salazar



ABOUT LUDLOW

The Club is committed to responding to our community's needs:

According to the Ludlow Health Department, the following are the top issues facing Ludlow adults and youth. The Club works hard to be responsive to these issues through our research-based programs and local partnerships to keep our community strong and vibrant.

Health Equity & Health Disparities

Behavioral Health

Support for youth & families

- Discounts for residents & senior citizens
- Voucher program for childcare
- Scholarships available for all programs
- Free yoga for teens
- Free fitness memberships for 8th graders
- Partnerships with BHN & Sunshine Village
- Giveaways (books, COVID tests, activity kits)
- · Open Gym Nights

- Creating opportunities to develop healthy, positive relationships with peers & adults
- Promoting a sense of belonging and instilling self-confidence
- Providing a safe space to practice conflict resolution, resiliency, and self-regulation
- Offering meaningful employment and training for teens

Support for adults & seniors

Healthy Eating & Active
Living

Public Safety, Violence & Injury Prevention

Support for community at large

- Access to Pool & Fitness Room
- Group fitness classes
- Recreational sports for adults and youth
- Triple Play program combining, physical, social & emotional educational activities to address mind, body, & soul.
- Education & resources to prevent substance abuse, partnership with Ludlow CARES
- Anti-bullying education
- Workshops on electricity & fire safety
- Community events introducing youth to first responders
- Private & group swim lessons
- Lifeguard and CPR certification classes

Did you know?

- More than 900 students (40%) of students enrolled in Ludlow Public Schools come from a low-income household**
- 1 out of 3 Ludlow Public Schools' Kindergarten students are economically disadvantaged**
- 42% of Kindergarten students have high needs. 50% of district students have high needs**
- Over 30% of Ludlow households have senior residents
- Ludlow has more elders living alone (12.4%) than the state as a whole (10.9%)
- Ludlow has a higher % of seniors with disabilities (40.6%) than the state (33.7%)

Source: Hampden County Twelve Town Community Health Assessment | ** MA Department of Elementary and Secondary Education

FULFILLING OUR MISSION

To inspire and enable youth and adults to build better communities by providing life-enhancing experiences and programs through which they will realize their full potential as responsible and caring citizens.

1

Preschool

- · Licensed by Dept. of Early Education & Care
- · Off-site Learning Experiences
- Weekly STEM Projects
- Hands-on curriculum, learning through play
- · Emphasis on social-emotional skills
- Dedicated staff with over 30 combined years of experience



2

School-Aged Youth

- Before & After School Childcare Program
- Summer Fun Program
- Programs supporting Academic Success
 - Power Hour
 - Project Learn
- STEAM-focused Online Programs
 - Digital literacy and online safety
 - Advocacy
 - · Collaborate Digital Art
 - Music
 - Media-Making
- · Hands-on, creative, & physical activities
 - Makerspace
 - TriplePlay



Youth Athletics & Aquatics

Sports leagues and programs are open to the public and focus on introducing youth to specific sport skills, and life-skills like teamwork and accountability in fun and engaging ways.



- · Sea Lions Swim Team
- · Ludlow H.S. Swim Team
- Basketball
- Track & Field
- Yoga
- POUND
- Swim Lessons
- Stroke & Turn Clinics
- T-ball
- · Coach Pitch
- Soccer Clinics
- · Fun Ways to Run
- Volleyball





Adults

- Brand new Fitness Center
- Pickleball
- · Open Gym Basketball
- Summer Basketball league
- Qi Gong
- POUND
- Yoga
- Aquasize
- · Open Swim & Lap Swim



5

Community

Nearly 2,000 youth served since 2021 and over 100 hours of community service performed by Club Youth Members.

- · Boys & Girls Club Day for Kids
- · Floating Pumpkin Patch
- Scavenger Hunt
- Tiny Tunes
- Power Launch
- · Family Field Game Nights
- Father & Daughter Dance
- Leadership & Career Exploration
- Sensory Saturdays
- Slide into Summer Safety
- K9 Dog Training

CREATING A STRONGER COMMUNITY WITH OUR FRIENDS AND PARTNERS



Partners in Building Community

Corporate & Foundation Supporters who have contributed \$5,000 or more since 2019:

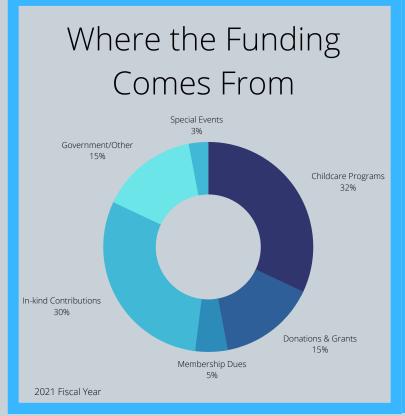
- BlueCross BlueShield
- Charles H. Hall Foundation
- Chicopee Savings Bank Charitable Foundation
- Community Foundation of Western MA
- Country Bank
- HUB International of New England
- Irene E. and George A. Davis Foundation
- Joseph and Anna C. Dias Jr. Family Foundation
- LUSO Federal Credit Union
- Meredith-Springfield Associates, Inc.
- PeoplesBank Foundation
- PV Financial Group
- Randall's Farm & Greenhouse
- Teddy Bear Pools & Spas
- The Beveridge Family Foundation, Inc.
- United Bank Foundation
- United Way of Pioneer Valley
- Westfield Bank

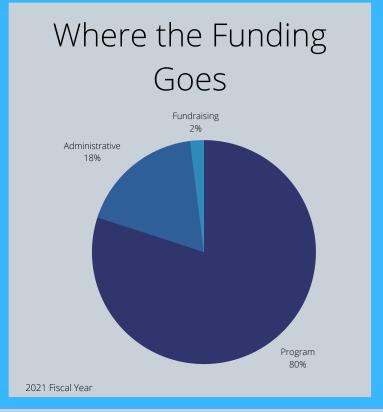
Organizations whose programs, staff and services create safer, robust opportunities at our Club:

- Ludlow Public Schools
- Ludlow CARES Coalition
- Ludlow Police Department
- Ludlow Fire Department
- Ludlow Youth Soccer Association
- Behavioral Health Network, Valley Human Services
- ERC5 Chamber
- Ludlow Rotary
- Sunshine Village
- Michael J. Dias Foundation
- Ludlow Lions Club
- Yankee Clippers Swim Team
- United Way of the Pioneer Valley
- Massachusetts Alliance of Boys & Girls Clubs
- Junior Achievement

INVESTING IN TOMORROW'S LEADERS







PROGRAM IMPACT

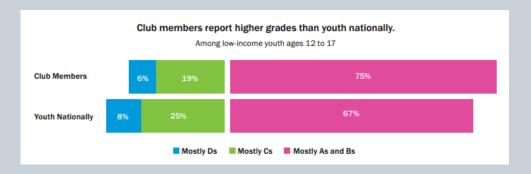
In the short-term, the Club's programs offer support to families and opportunities for youth to have fun while developing skills and friendships. But, long-term, the effects of a positive Club Experience have a profound influence on youth and the people they choose to be.

CLUB KIDS DEMONSTRATE

GOOD CHARACTER& CITIZENSHIP

ACADEMIC SUCCESS

HEALTHY LIFESTYLES SOCIAL-EMOTIONAL WELL-BEING







Graphs Source: 2020 BGCA National Youth Outcomes Initiative

EVERY KID DESERVES THE CHANCE TO BE A CLUB KID.

GREAT FUTURES START HERE.



Projects bubbling in the Pipeline...



Be a part of our vision because GREAT FUTURES START WITH YOU!

Volunteer

Serve on the board, a committee, or by being an ambassador

Invest

Donations support programs, equipment, supplies, and professional development

Join

Become a member

Come to an event

REACH MORE YOUTH!



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