



LUDLOW COMMUNITY CENTER  
RANDALL BOYS & GIRLS CLUB

# Pool Schedule January 2019

| Sun  | Mon  | Tue   | Wed  | Thu  | Fri   | Sat  |
|--|--|---|--|--|---|--|
|  |  | 1<br><b>NEW YEAR'S DAY</b><br><br><b>CLUB CLOSED</b>  | 2<br><u>Open &amp; Lap Swim</u><br>6:00am-1:00pm<br><u>Aquasize</u><br>8:30am-9:15am<br>11:00am-11:45am<br><u>Preschool Lessons</u><br>9:30am-10:30am<br><b>NO NIGHT SWIM</b><br><u>LHS MEET</u><br>2:30pm Warm Ups<br>4:00pm Meet   | 3<br><u>Open &amp; Lap Swim</u><br>6:00am-1:00pm<br><u>Aquasize</u><br>8:30am-9:15am<br>11:00am-11:45am<br><u>LHS Swim Practice</u><br>2:30pm-3:30pm<br><u>*After School Swim</u><br>3:45pm-4:30pm<br><u>Sea Lions Practice</u><br>5:00pm-6:30pm<br><u>Open &amp; Lap Swim</u><br>6:30pm-7:45pm  | 4<br><u>Open &amp; Lap Swim</u><br>6:00am-1:00pm<br><u>Aquasize</u><br>8:30am-9:15am<br>11:00am-11:45am<br><u>LHS Swim Practice</u><br>2:30pm-4:30pm<br><u>Open &amp; Lap Swim</u><br>4:45pm-6:45pm   | 5<br><u>Lap Swim</u><br>8:00am-11:00am<br><u>Swim Lessons</u><br>8:30am-11:10am<br><u>Sea Lions Swim Meet</u><br>11:45am Warm Ups<br>12:15pm Meet  |
| 6<br><u>Open &amp; Lap Swim</u><br>8:00am-1:45pm<br><br>Sunday Special \$1 Swim For Residents  | 7<br><u>Open &amp; Lap Swim</u><br>6:00am-1:00pm<br><u>Aquasize</u><br>8:30am-9:15am<br>11:00am-11:45am<br><br><u>LHS Swim Practice</u><br>2:30pm-4:30pm<br><u>Sea Lions Practice</u><br>5:00pm-6:30pm<br><u>Open &amp; Lap Swim</u><br>6:30pm-7:45pm    | 8<br><u>Open &amp; Lap Swim</u><br>6:00am-1:00pm<br><u>Aquasize</u><br>8:30am-9:15am<br>11:00am-11:45am<br><u>Preschool Lessons</u><br>9:30am-10:30am<br><br><b>NO NIGHT SWIM</b><br><u>LHS MEET</u><br>2:30pm Warm Ups<br>4:00pm Meet                  | 9<br><u>Open &amp; Lap Swim</u><br>6:00am-1:00pm<br><u>Aquasize</u><br>8:30am-9:15am<br>11:00am-11:45am<br><u>Preschool Lessons</u><br>9:30am-10:30am<br><u>LHS Swim Practice</u><br>2:30pm-4:30pm<br><u>Sea Lions Practice</u><br>5:00pm-6:30pm<br><u>Open &amp; Lap Swim</u><br>6:30pm-7:45pm  | 10<br><u>Open &amp; Lap Swim</u><br>6:00am-1:00pm<br><u>Aquasize</u><br>8:30am-9:15am<br>11:00am-11:45am<br><u>LHS Swim Practice</u><br>2:30pm-3:30pm<br><u>*After School Swim</u><br>3:45pm-4:30pm<br><u>Sea Lions Practice</u><br>5:00pm-6:30pm<br><u>Open &amp; Lap Swim</u><br>6:30pm-7:45pm | 11<br><u>Open &amp; Lap Swim</u><br>6:00am-1:00pm<br><u>Aquasize</u><br>8:30am-9:15am<br>11:00am-11:45am<br><br><u>Open &amp; Lap Swim</u><br>4:45pm-6:45pm   | 12<br><u>Lap Swim</u><br>8:00am-11:00am<br><u>Swim Lessons</u><br>8:30am-11:10am<br><u>Sea Lions Swim Meet</u><br>11:45am Warm Ups<br>12:15pm Meet |
| 13<br><u>Open &amp; Lap Swim</u><br>8:00am-1:45pm<br><br>Sunday Special \$1 Swim For Residents | 14<br><u>Open &amp; Lap Swim</u><br>6:00am-1:00pm<br><u>Aquasize</u><br>8:30am-9:15am<br>11:00am-11:45am<br><br><u>LHS Swim Practice</u><br>2:30pm-4:30pm<br><u>Sea Lions Practice</u><br>5:00pm-6:30pm<br><u>Open &amp; Lap Swim</u><br>6:30pm-7:45pm   | 15<br><u>Open &amp; Lap Swim</u><br>6:00am-1:00pm<br><u>Aquasize</u><br>8:30am-9:15am<br>11:00am-11:45am<br><u>Preschool Lessons</u><br>9:30am-10:30am<br><br><u>Sea Lions Practice</u><br>5:00pm-6:30pm<br><u>Open &amp; Lap Swim</u><br>6:30pm-7:45pm | 16<br><u>Open &amp; Lap Swim</u><br>6:00am-1:00pm<br><u>Aquasize</u><br>8:30am-9:15am<br>11:00am-11:45am<br><u>Preschool Lessons</u><br>9:30am-10:30am<br><u>LHS Swim Practice</u><br>2:30pm-4:30pm<br><u>Sea Lions Practice</u><br>5:00pm-6:30pm<br><u>Open &amp; Lap Swim</u><br>6:30pm-7:45pm | 17<br><u>Open &amp; Lap Swim</u><br>6:00am-1:00pm<br><u>Aquasize</u><br>8:30am-9:15am<br>11:00am-11:45am<br><u>LHS Swim Practice</u><br>2:30pm-3:30pm<br><u>*After School Swim</u><br>3:45pm-4:30pm<br><u>Sea Lions Practice</u><br>5:00pm-6:30pm<br><u>Open &amp; Lap Swim</u><br>6:30pm-7:45pm | 18<br><u>Open &amp; Lap Swim</u><br>6:00am-1:00pm<br><u>Aquasize</u><br>8:30am-9:15am<br>11:00am-11:45am<br><br><b>NO NIGHT SWIM</b><br><u>LHS MEET</u><br>2:30pm Warm Ups<br>4:00pm Meet             | 19<br><u>Lap Swim</u><br>8:00am-3:45pm<br><u>Swim Lessons</u><br>8:30am-11:10am<br><u>Open Swim</u><br>11:00am-3:45pm                              |
| 20<br><u>Open &amp; Lap Swim</u><br>8:00am-1:45pm<br><br>Sunday Special \$1 Swim For Residents | 21<br><b>DR. MARTIN LUTHER KING JR. DAY</b><br><br><b>CLUB CLOSED</b>  | 22<br><u>Open &amp; Lap Swim</u><br>6:00am-1:00pm<br><u>Aquasize</u><br>8:30am-9:15am<br>11:00am-11:45am<br><u>Preschool Lessons</u><br>9:30am-10:30am<br><br><b>NO NIGHT SWIM</b><br><u>LHS MEET</u><br>2:30pm Warm Ups<br>4:30pm Meet                 | 23<br><u>Open &amp; Lap Swim</u><br>6:00am-1:00pm<br><u>Aquasize</u><br>8:30am-9:15am<br>11:00am-11:45am<br><u>Preschool Lessons</u><br>9:30am-10:30am<br><u>LHS Swim Practice</u><br>2:30pm-4:30pm<br><u>Open &amp; Lap Swim</u><br>4:45pm-7:45pm   | 24<br><u>Open &amp; Lap Swim</u><br>6:00am-1:00pm<br><u>Aquasize</u><br>8:30am-9:15am<br>11:00am-11:45am<br><u>LHS Swim Practice</u><br>2:30pm-3:30pm<br><u>*After School Swim</u><br>3:45pm-4:30pm<br><u>Open &amp; Lap Swim</u><br>4:45pm-7:45pm   | 25<br><u>Open &amp; Lap Swim</u><br>6:00am-1:00pm<br><u>Aquasize</u><br>8:30am-9:15am<br>11:00am-11:45am<br><br><b>NO NIGHT SWIM</b><br><u>LHS MEET</u><br>2:30pm Warm Ups<br>4:00pm Meet             | 26<br><u>Lap Swim</u><br>8:00am-3:45pm<br><u>Swim Lessons</u><br>8:30am-11:10am<br><u>Open Swim</u><br>11:00am-3:45pm                              |
| 27<br><u>Open &amp; Lap Swim</u><br>8:00am-1:45pm<br><br>Sunday Special \$1 Swim For Residents | 28<br><u>Open &amp; Lap Swim</u><br>6:00am-1:00pm<br><u>Aquasize</u><br>8:30am-9:15am<br>11:00am-11:45am<br><u>LHS Swim Practice</u><br>2:30pm-4:30pm<br><u>Sea Lions Swim-a-palooza</u><br>5:00pm-6:30pm<br><u>Open &amp; Lap Swim</u><br>6:30pm-7:45pm | 29<br><u>Open &amp; Lap Swim</u><br>6:00am-1:00pm<br><u>Aquasize</u><br>8:30am-9:15am<br>11:00am-11:45am<br><u>Preschool Lessons</u><br>9:30am-10:30am<br><br><u>LHS Swim Practice</u><br>2:30pm-4:30pm<br><u>Open &amp; Lap Swim</u><br>4:45pm-7:45pm  | 30<br><u>Open &amp; Lap Swim</u><br>6:00am-1:00pm<br><u>Aquasize</u><br>8:30am-9:15am<br>11:00am-11:45am<br><u>Preschool Lessons</u><br>9:30am-10:30am<br><u>LHS Swim Practice</u><br>2:30pm-4:30pm<br><u>Open &amp; Lap Swim</u><br>4:45pm-7:45pm   | 31<br><u>Open &amp; Lap Swim</u><br>6:00am-1:00pm<br><u>Aquasize</u><br>8:30am-9:15am<br>11:00am-11:45am<br><u>LHS Swim Practice</u><br>2:30pm-3:30pm<br><u>*After School Swim</u><br>3:45pm-4:30pm<br><u>Open &amp; Lap Swim</u><br>4:45pm-7:45pm   | 2/1<br><u>Open &amp; Lap Swim</u><br>6:00am-1:00pm<br><u>Aquasize</u><br>8:30am-9:15am<br>11:00am-11:45am<br><u>LHS Swim Practice</u><br>2:30pm-4:30pm<br><u>Open &amp; Lap Swim</u><br>4:45pm-6:45pm | * Locker rooms will be CLOSED for public use 15 minutes before and after these programs  |