

April 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
26	27	28 <u>Open & Lap Swim</u> 6:00am-1:00pm 6:30pm-7:45pm <u>Aquasize</u> 8:30am-9:15am 11:00am-11:45am	29 <u>Open & Lap Swim</u> 6:00am-1:00pm 6:30pm-7:45pm <u>Aquasize</u> 8:30am-9:15am 11:00am-11:45am	30 <u>Open & Lap Swim</u> 6:00am-1:00pm 6:30pm-7:45pm <u>Aquasize</u> 8:30am-9:15am 11:00am-11:45am	31 <u>Open & Lap Swim</u> 6:00am-1:00pm 4:30pm-6:45pm <u>Aquasize</u> 8:30am-9:15am 11:00am-11:45am	1 <u>Swim Lessons</u> 8:00am-11:00am <u>Lap Swim Only (14+)</u> 8:00am-11:00am <u>Open & Lap Swim</u> 11:00am-3:45pm
2	3 <u>Open & Lap Swim</u> 6:00am-10:00am Pool Closed <u>10:00am-10:30am</u> 10:30am-1:00pm 5:00pm-7:45pm <u>Aquasize</u> 8:30am-9:15am 11:00am-11:45am <u>Swim Lessons</u> 6:30pm-7:30pm	4 <u>Open & Lap Swim</u> 6:00am-10:00am Pool Closed <u>10:00am-10:30am</u> 10:30am-1:00pm 5:00pm-7:45pm <u>Aquasize</u> 8:30am-9:15am 11:00am-11:45am	5 <u>Open & Lap Swim</u> 6:00am-10:00am Pool Closed <u>10:00am-10:30am</u> 10:30am-1:00pm 5:00pm-6:45pm <u>Aquasize</u> 8:30am-9:15am 11:00am-11:45am	6 <u>Open & Lap Swim</u> 6:00am-1:00pm 5:00pm-6:45pm <u>Aquasize</u> 8:30am-9:15am 11:00am-11:45am	7 <u>Open & Lap Swim</u> 6:00am-10:00am Pool Closed <u>10:00am-10:30am</u> 10:30am-1:00pm 4:30pm-6:45pm <u>Aquasize</u> 8:30am-9:15am 11:00am-11:45am	8 <u>Swim Lessons</u> 8:00am-11:00am <u>Lap Swim Only (14+)</u> 8:00am-11:00am <u>Open & Lap Swim</u> 11:00am-3:45pm
9 <u>Open & Lap Swim</u> 8:00am- 1:45pm **Special swim for Residents**	10 <u>Open & Lap Swim</u> 6:00am-10:00am Pool Closed <u>10:00am-10:30am</u> 10:30am-1:00pm 5:00pm-7:45pm <u>Aquasize</u> 8:30am-9:15am 11:00am-11:45am <u>Swim Lessons</u> 6:30pm-7:30pm	11 <u>Open & Lap Swim</u> 6:00am-10:00am Pool Closed <u>10:00am-10:30am</u> 10:30am-1:00pm 5:00pm-7:45pm <u>Aquasize</u> 8:30am-9:15am 11:00am-11:45am	12 <u>Open & Lap Swim</u> 6:00am-10:00am Pool Closed <u>10:00am-10:30am</u> 10:30am-1:00pm 5:00pm-7:45pm <u>Aquasize</u> 8:30am-9:15am 11:00am-11:45am	13 <u>Open & Lap Swim</u> 6:00am-1:00pm 5:00pm-7:45pm <u>Aquasize</u> 8:30am-9:15am 11:00am-11:45am	14 <u>Open & Lap Swim</u> 6:00am-10:00am Pool Closed <u>10:00am-10:30am</u> 10:30am-1:00pm 4:30pm-6:45pm <u>Aquasize</u> 8:30am-9:15am 11:00am-11:45am	15 <u>Swim Lessons</u> 8:00am-11:00am <u>Lap Swim Only (14+)</u> 8:00am-11:00am <u>Open & Lap Swim</u> 11:00am-3:45pm
16 Easter Sunday Building Closed	17 <u>Open & Lap Swim</u> 6:00am-1:00pm 5:00pm-6:45pm <u>Aquasize</u> 8:30am-9:15am 11:00am-11:45am <u>Swim Lessons</u> 6:30pm-7:30pm	18 <u>Open & Lap Swim</u> 6:00am-1:00pm 5:00pm-7:45pm <u>Aquasize</u> 8:30am-9:15am 11:00am-11:45am	19 <u>Open & Lap Swim</u> 6:00am-1:00pm 5:00pm-7:45pm <u>Aquasize</u> 8:30am-9:15am 11:00am-11:45am	20 <u>Open & Lap Swim</u> 6:00am-1:00pm 5:00pm-7:45pm <u>Aquasize</u> 8:30am-9:15am 11:00am-11:45am	21 <u>Open & Lap Swim</u> 6:00am-10:00am Pool Closed <u>10:00am-10:30am</u> 10:30am-1:00pm 4:30pm-6:45pm <u>Aquasize</u> 8:30am-9:15am 11:00am-11:45am	22 <u>Swim Lessons</u> 8:00am-11:00am <u>Lap Swim Only (14+)</u> 8:00am-11:00am <u>Open & Lap Swim</u> 11:00am-3:45pm
23 <u>Open & Lap Swim</u> 8:00am- 1:45pm **Special swim for Residents**	24 <u>Open & Lap Swim</u> 6:00am-10:00am Pool Closed <u>10:00am-10:30am</u> 10:30am-1:00pm 5:00pm-7:45pm <u>Aquasize</u> 8:30am-9:15am 11:00am-11:45am <u>Swim Lessons</u> 6:30pm-7:30pm	25 <u>Open & Lap Swim</u> 6:00am-10:00am Pool Closed <u>10:00am-10:30am</u> 10:30am-1:00pm 5:00pm-7:45pm <u>Aquasize</u> 8:30am-9:15am 11:00am-11:45am	26 <u>Open & Lap Swim</u> 6:00am-10:00am Pool Closed <u>10:00am-10:30am</u> 10:30am-1:00pm 5:00pm-7:45pm <u>Aquasize</u> 8:30am-9:15am 11:00am-11:45am	27 <u>Open & Lap Swim</u> 6:00am-1:00pm 5:00pm-7:45pm <u>Aquasize</u> 8:30am-9:15am 11:00am-11:45am	28 <u>Open & Lap Swim</u> 6:00am-10:00am Pool Closed <u>10:00am-10:30am</u> 10:30am-1:00pm 4:30pm-6:45pm <u>Aquasize</u> 8:30am-9:15am 11:00am-11:45am	29 <u>Swim Lessons</u> 8:00am-11:00am <u>Lap Swim Only (14+)</u> 8:00am-11:00am <u>Open & Lap Swim</u> 11:00am-3:45pm
30 <u>Open & Lap Swim</u> 8:00am- 1:45pm **Special swim for Residents**						

April Pool Schedule

Adult & Open Swim Cost:

Adults (14+): \$ 5.00 per person

Children (2+): \$3.00 per person

SUNDAY SPECIAL All Resident Swimmers: \$1.00

OPEN SWIM : All Ages: Section of the pool made for swimmers.

LAP SWIM: 14+ only: Lanes designated for lap swimmers.

Water Aerobics: Must have a minimum attendance of 3 participants to host class.

Participants must be on time, class will not occur after 20 min if not enough attendees.

PRIVATE SWIM LESSONS

Members: \$25.00

Residents: \$30.00

Non-Residents: \$40.00

Private Swim Lessons are available for various times and days. We offer morning & night lessons as well as some weekend hours. All lessons are a ½ hour long, 1-on-1 with instructor. All lessons must be scheduled 1 week in advance. Please contact the Aquatic Director to schedule your lesson

Aquatic Director

Brie Engelbrecht

bengelbrecht@ludlowbgc.org

Phone: 413-583-2072 x 111

Pool Rules & Regulations

- Swimming is only permitted when the facility is open and lifeguards are on duty.
- All persons must shower with water before entering the pool.
- Personal flotation devices must be Coast Guard approved and used with an adult swimmer within arms length of the swimmer.
- Infants and persons without bowel control must wear specially designed swim diapers
- Boisterous or rough play, shoulder rides, dunking, and running is prohibited.
- No jumping or diving is permitted from anywhere in the pool or off the pool deck.
- Playing, hanging on lane lines and safety buoys is not permitted.
- No person under the influence of alcohol or drugs will be permitted.
- Use of the pool shall be prohibited during an electrical storm.
- Abusive or profane language will not be tolerated. Swimmers using offensive language, tones or gestures will lose their swimming privileges.
- Staff is not responsible for valuables. You are encouraged to bring a lock to secure your personal items in a locker. Locks must be removed daily, if left overnight they will be removed.
- Anyone under the age 12 must take a swim test. Children 3yrs or younger must have a parent/guardian or sibling 16 yrs or older in the water with them at all times and within arm's reach. Children 4-6yrs must be accompanied by adult in the water; child will still be subject to swim test and given bubbles to swim independently. If child does not want to wear bubbles parent must remain within arms reach. Children 7-12yrs must have parent in pool area or adult 16 or older.
- No food or drink in pool area
- All Training equipment: Kickboards, buoys, gloves, etc... are to be used only by adults or during supervised instruction
- Swim suit and towel are required in order to swim. No shorts and/or tee shirts will be permitted
- No cell phone use in locker rooms

Patrons must obey and respect the lifeguards at all times. All rules must be followed.

In case of violation of any of these rules, patrons will be asked to leave the pool.